



# MEDICAL HISTORY

Patient Name \_\_\_\_\_ Nickname \_\_\_\_\_ Age \_\_\_\_\_

Name of Physician/and their specialty \_\_\_\_\_

Most recent physical examination \_\_\_\_\_ Purpose \_\_\_\_\_

What is your estimate of your general health?  Excellent  Good  Fair  Poor

**DO YOU HAVE or HAVE YOU EVER HAD:**

**YES NO**

**YES NO**

- 1. hospitalization for illness or injury \_\_\_\_\_
- 2. an allergic or bad reaction to any of the following:
  - aspirin, ibuprofen, acetaminophen, codeine \_\_\_\_\_
  - penicillin \_\_\_\_\_
  - erythromycin \_\_\_\_\_
  - tetracycline \_\_\_\_\_
  - sulfa \_\_\_\_\_
  - local anesthetic \_\_\_\_\_
  - fluoride \_\_\_\_\_
  - chlorhexidine (CHX) \_\_\_\_\_
  - iodine \_\_\_\_\_
  - metals (nickel, gold, silver, \_\_\_\_\_ )
  - latex \_\_\_\_\_
  - nuts \_\_\_\_\_
  - fruit \_\_\_\_\_
  - milk \_\_\_\_\_
  - red dye \_\_\_\_\_
  - other \_\_\_\_\_
- 3. heart problems, or cardiac stent within the last six months \_\_\_\_\_
- 4. history of infective endocarditis \_\_\_\_\_
- 5. artificial heart valve, repaired heart defect (PFO) \_\_\_\_\_
- 6. pacemaker or implantable defibrillator \_\_\_\_\_
- 7. orthopedic or soft tissue implant (e.g joint replacement, breast implant) \_\_\_\_\_
- 8. heart murmur, rheumatic or scarlet fever \_\_\_\_\_
- 9. high or low blood pressure \_\_\_\_\_
- 10. a stroke (taking blood thinners) \_\_\_\_\_
- 11. anemia or other blood disorder \_\_\_\_\_
- 12. prolonged bleeding due to a slight cut (or INR > 3.5) \_\_\_\_\_
- 13. pneumonia, emphysema, shortness of breath, sarcoidosis \_\_\_\_\_
- 14. chronic ear infections, tuberculosis, measles, chicken pox \_\_\_\_\_
- 15. breathing problems (e.g. asthma, stuffy nose, sinus congestion) \_\_\_\_\_
- 16. sleep problems (e.g. sleep apnea, snoring, insomnia, restless sleep, bedwetting) \_\_\_\_\_
- 17. kidney disease \_\_\_\_\_
- 18. liver disease or jaundice \_\_\_\_\_
- 19. vertigo (e.g. "the room is spinning") \_\_\_\_\_
- 20. thyroid, parathyroid disease, or calcium deficiency \_\_\_\_\_
- 21. hormone deficiency or imbalance (e.g. polycystic ovarian syndrome) \_\_\_\_\_
- 22. high cholesterol or taking statin drugs \_\_\_\_\_
- 23. diabetes (HbA1c = \_\_\_\_\_ ) \_\_\_\_\_
- 24. stomach or duodenal ulcer \_\_\_\_\_
- 25. digestive or eating disorders (e.g. celiac disease, gastric reflux, bulimia, anorexia) \_\_\_\_\_

- 26. osteoporosis/osteopenia or ever taken anti-resorptive medications (e.g. bisphosphonates) \_\_\_\_\_
- 27. arthritis or gout \_\_\_\_\_
- 28. autoimmune disease (e.g. rheumatoid arthritis, lupus, scleroderma) \_\_\_\_\_
- 29. glaucoma \_\_\_\_\_
- 30. contact lenses \_\_\_\_\_
- 31. head or neck injuries \_\_\_\_\_
- 32. epilepsy, convulsions (seizures) \_\_\_\_\_
- 33. neurologic disorders (e.g. Alzheimer's disease, dementia, prion disease) \_\_\_\_\_
- 34. viral infections and cold sores \_\_\_\_\_
- 35. any lumps or swelling in the mouth \_\_\_\_\_
- 36. hives, skin rash, hay fever \_\_\_\_\_
- 37. STI/STD/HPV \_\_\_\_\_
- 38. hepatitis (type \_\_\_\_\_ ) \_\_\_\_\_
- 39. HIV/AIDS \_\_\_\_\_
- 40. tumor, abnormal growth \_\_\_\_\_
- 41. radiation therapy \_\_\_\_\_
- 42. chemotherapy, immunosuppressive medication \_\_\_\_\_
- 43. emotional difficulties \_\_\_\_\_
- 44. psychiatric treatment or antidepressant medication \_\_\_\_\_
- 45. concentration problems or ADD/ADHD \_\_\_\_\_
- 46. alcohol/recreational drug use \_\_\_\_\_

**ARE YOU:**

- 47. presently being treated for any other illness \_\_\_\_\_
- 48. aware of a change in your health in the last 24 hours (e.g., fever, chills, new cough, or diarrhea) \_\_\_\_\_
- 49. taking medication for weight management \_\_\_\_\_
- 50. taking dietary supplements, vitamins, and/or probiotics \_\_\_\_\_
- 51. often exhausted or fatigued \_\_\_\_\_
- 52. experiencing frequent headaches or chronic pain \_\_\_\_\_
- 53. a smoker, smoked previously or other (e.g. smokeless tobacco, vaping, e-cigarettes, and cannabis) \_\_\_\_\_
- 54. considered a touchy/sensitive person \_\_\_\_\_
- 55. often unhappy or depressed \_\_\_\_\_
- 56. taking birth control pills \_\_\_\_\_
- 57. currently pregnant \_\_\_\_\_
- 58. diagnosed with a prostate disorder \_\_\_\_\_

Describe any current medical treatment, impending surgery, genetic/development delay, or other treatment that may possibly affect your dental treatment. (i.e. Botox, Collagen Injections) \_\_\_\_\_

List all medications, supplements, vitamins, and/or probiotics taken within the last two years.

Drug	Purpose	Drug	Purpose
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**PLEASE ADVISE US IN THE FUTURE OF ANY CHANGE IN YOUR MEDICAL HISTORY OR ANY MEDICATIONS YOU MAY BE TAKING.**

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_



# DENTAL HISTORY

Patient Name \_\_\_\_\_ Nickname \_\_\_\_\_ Age \_\_\_\_\_  
 Referred by \_\_\_\_\_ How would you rate the condition of your mouth?  Excellent  Good  Fair  Poor  
 Previous Dentist \_\_\_\_\_ How long have you been a patient? \_\_\_\_\_ Months/Years  
 Date of most recent dental exam \_\_\_/\_\_\_/\_\_\_ Date of most recent x-rays \_\_\_/\_\_\_/\_\_\_  
 Date of most recent treatment (other than a cleaning) \_\_\_/\_\_\_/\_\_\_  
 I routinely see my dentist every  3 mo.  4 mo.  6 mo.  12 mo.  Not routinely

WHAT IS YOUR IMMEDIATE CONCERN? \_\_\_\_\_

## PLEASE ANSWER YES OR NO TO THE FOLLOWING:

### PERSONAL HISTORY

YES NO

- Are you fearful of dental treatment? How fearful, on a scale of 1 (least) to 10 (most) [\_\_\_] \_\_\_\_\_  YES  NO
- Have you had an unfavorable dental experience? \_\_\_\_\_  YES  NO
- Have you ever had complications from past dental treatment? \_\_\_\_\_  YES  NO
- Have you ever had trouble getting numb or had any reactions to local anesthetic? \_\_\_\_\_  YES  NO
- Did you ever have braces, orthodontic treatment or had your bite adjusted, and at what age? \_\_\_\_\_  YES  NO
- Have you had any teeth removed, missing teeth that never developed or lost teeth due to injury or facial trauma? \_\_\_\_\_  YES  NO

### GUM AND BONE

YES NO

- Do your gums bleed sometimes or are they ever painful when brushing or flossing? \_\_\_\_\_  YES  NO
- Have you ever had or been told you have gum disease, gum or bone loss between your teeth, or had scaling and root planing? \_\_\_\_\_  YES  NO
- Have you ever noticed an unpleasant taste or odor in your mouth? \_\_\_\_\_  YES  NO
- Is there anyone with a history of periodontal disease in your family? \_\_\_\_\_  YES  NO
- Have you ever experienced gum recession, or can you see more of the roots of your teeth? \_\_\_\_\_  YES  NO
- Have you ever had any teeth become loose on their own (without an injury), or do you have difficulty eating an apple? \_\_\_\_\_  YES  NO
- Have you experienced a burning or painful sensation in your mouth not related to your teeth? \_\_\_\_\_  YES  NO

### TOOTH STRUCTURE

YES NO

- Have you had any cavities within the past 3 years? \_\_\_\_\_  YES  NO
- Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food? \_\_\_\_\_  YES  NO
- Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth? \_\_\_\_\_  YES  NO
- Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth? \_\_\_\_\_  YES  NO
- Do you have grooves or notches on your teeth near the gum line? \_\_\_\_\_  YES  NO
- Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling? \_\_\_\_\_  YES  NO
- Do you frequently get food caught between any teeth? \_\_\_\_\_  YES  NO

### BITE AND JAW JOINT

YES NO

- Do you have problems with your jaw joint? (pain, sounds, limited opening, locking, popping) \_\_\_\_\_  YES  NO
- Do you feel like your lower jaw is being pushed back when you try to bite your back teeth together? \_\_\_\_\_  YES  NO
- Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, baguettes, protein bars, or other hard, dry foods? \_\_\_\_\_  YES  NO
- In the past 5 years, have your teeth changed (become shorter, thinner, or worn) or has your bite changed? \_\_\_\_\_  YES  NO
- Are your teeth becoming more crooked, crowded, or overlapped? \_\_\_\_\_  YES  NO
- Are your teeth developing spaces or becoming more loose? \_\_\_\_\_  YES  NO
- Do you have trouble finding your bite, or need to squeeze, tap your teeth together, or shift your jaw to make your teeth fit together? \_\_\_\_\_  YES  NO
- Do you place your tongue between your teeth or close your teeth against your tongue? \_\_\_\_\_  YES  NO
- Do you chew ice, bite your nails, use your teeth to hold objects, or have any other oral habits? \_\_\_\_\_  YES  NO
- Do you clench or grind your teeth together in the daytime or make them sore? \_\_\_\_\_  YES  NO
- Do you have any problems with sleep (i.e. restlessness or teeth grinding), wake up with a headache or an awareness of your teeth? \_\_\_\_\_  YES  NO
- Do you wear or have you ever worn a bite appliance? \_\_\_\_\_  YES  NO

### SMILE CHARACTERISTICS

YES NO

- Is there anything about the appearance of your mouth (smile, lips, teeth, gums) that you would like to change (shape, color, size, display)? \_\_\_\_\_  YES  NO
- Have you ever bleached (whitened) your teeth? \_\_\_\_\_  YES  NO
- Have you felt uncomfortable or self-conscious about the appearance of your teeth? \_\_\_\_\_  YES  NO
- Have you been disappointed with the appearance of previous dental work? \_\_\_\_\_  YES  NO

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

DR. AMY L.  
**[HEIM]**  
A DENTAL STUDIO

**PATIENT INFORMATION**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Male  Female   Married  Single  Child  Other  
Social Security #: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_ (Cell): \_\_\_\_\_  
Email: \_\_\_\_\_  
Whom may we thank for referring you to our practice? \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

**INSURANCE INFORMATION (PLEASE PROVIDE INSURANCE CARD FOR VERIFICATION OF COVERAGE)**

Name of Subscriber: \_\_\_\_\_ Subscriber Social Security #: \_\_\_\_\_  
Subscriber's Birth Date: \_\_\_\_\_ Subscriber's Employer Name: \_\_\_\_\_  
Patient's relationship to subscriber:  Self  Spouse  Child  Other  
Insurance Plan Name: \_\_\_\_\_ Member ID #: \_\_\_\_\_

**CONSENT FOR SERVICES**

Patients who carry dental insurance understand that all dental services are charged directly to the patient and that he or she is personally responsible for payment of these dental services. All patient portions will be due at time of service and includes co-pays and deductibles. Any insurance benefits will be complimentary filed for you. All dental emergencies or dental services performed without previous financial arrangements must be paid for at the time of service. If your account is past due, we will take necessary steps to collect the balanced owed. I understand that the fee estimation listed for dental care can be extended for a period of ninety (90) days from date of patient examination. I grant my permission to you, the practice employees, to contact me at any phone numbers listed above to discuss treatment or financials.

**RESERVED APPOINTMENT TIMES**

Patient visits are the most important part of our day. If you are unable to keep your scheduled appointment, we kindly ask for a 48-hour notice. We will assess a \$50 fee for last minute cancellations, missed appointments, or short notice rescheduling. We will consider expectations on an individual basis. I have read the above conditions of treatment and payment and agree to consent.

Signature of patient, parent, guardian \_\_\_\_\_  
Date: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

**PRIVATE PRACTICE ACKNOWLEDGEMENT - HIPAA**

I understand that Amy L. Heim DDS, LLC adheres to the Health Insurance Portability & Accountability Act of 1996 (HIPAA) to protect my privacy as a patient. You have the right to read our Notice of Privacy Practices before you decide whether to sign. A copy of our Notice is available in our office for your viewing. We encourage you to read it before signing. By signing this form, you consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

Signature of patient, parent, guardian \_\_\_\_\_  
Date: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_